



## Healthcare Power of Attorney

March 2020

Every good estate plan will consist of a number of different components: a trust, a will, a financial power of attorney, and a healthcare power of attorney – among other documents.

These are all very separate and distinct documents. It surprises people to learn that the agents named under the financial power of attorney might be very different from those individuals named in their healthcare power of attorney. And those agents might be different from the executor or trustee of the trust. This is a great opportunity for us all to sit down and review our existing estate plans, and our healthcare power of attorney in particular, to see that our healthcare wishes are properly laid out, and that we have named the correct people (also called “Agents”) to make healthcare decisions for us if we are not able to make healthcare decisions for ourselves.

Please note, your healthcare power of attorney allows an individual to make healthcare decisions for you only if your physician states that you cannot make your own healthcare decisions. The healthcare power of attorney also lays out your wishes for life support, organ donation, and your preferences for burial or cremation. It’s important to review the healthcare power of attorney every five to seven years, to make sure it is current. You will be able to locate your healthcare power of attorney under the “Healthcare documents” tab of your estate planning folder. If you have any questions about this document, you may contact us at (714) 282-7488.



### IN THIS ISSUE

Healthcare POA .....	1
Fence Post DIY .....	2
Shamrock Eggs Recipe .....	2
Blended Family Planning ....	3
Refer A Friend .....	4
Seminars.....	4



# Fence Post DIY

For Ideas on how to create lots of new fence post signs visit some of these sites:

<https://www.confessionsofaserialdiye.com/fence-picket-signs/>

Here is what you need:

1. Fence post(s) from Lowes or home depot (If you have a few kids maybe have one make a fence post for spring and another for fall or if you have more kids let them each pick a holiday! You could also use Pallet wood!
2. Rocks
3. Sticks
4. Paint (spray paint or canned paint whatever you think will work best for your little ones to be creative)
5. Paint brushes
6. Glue (Something like liquid Nail would work best but you need adult supervision and help with this part)



Mom's love something unique and hand made by their kids! What a great option for Mother's Day! Get the little ones involved and give her something fun and special that lets her show off how creative her family is!

## BLENDING FAMILY PLANNING

Blended family planning is often one of the most intricate types of estate planning that we engage in. There are so many considerations as we aim to balance the interests of both spouses, the children of their marriage together, and the children from former marriages. Blended family planning takes quite a bit of strategy, and a lot of candid and open discussion by both spouses.

Questions such as (1) Should my children wait until both spouses are deceased before they receive their inheritance?; (2) Should my spouse be able to reside in the property if he or she remarries?; (3) How can we ensure that the surviving spouse doesn't disinherit the children of the first spouse to die? – are all typical questions, and if they are not asked by the clients, they are often questions that we know are on the clients' minds.

Our office specializes in blended family planning, and we understand the many nuances that create an ideal blended family estate plan. If you have any questions about blended family planning, or have been putting off the planning because of the many questions involved – we are here to help. You may contact us at (714) 282-7488 and discuss your estate plan with an experienced estate planning attorney.

## Shamrock eggs

For full instructions:

[https://www.happy-mothering.com/shamrock-fried-eggs-for-st-patricks-day/?](https://www.happy-mothering.com/shamrock-fried-eggs-for-st-patricks-day/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwindtribes&utm_content=tribes&utm_term=975636900_43803384_209191)

[utm\\_medium=social&utm\\_source=pinterest&utm\\_campaign=tailwindtribes&utm\\_content=tribes&utm\\_term=975636900\\_43803384\\_209191](https://www.happy-mothering.com/shamrock-fried-eggs-for-st-patricks-day/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwindtribes&utm_content=tribes&utm_term=975636900_43803384_209191)

### Ingredients

- 2 green bell peppers
- 8 eggs
- 2 tablespoons butter
- Sea salt to taste
- Black pepper to taste
- Garlic powder to taste



### DIRECTIONS

1. Slice the bell peppers into rings that are about 3/4" thick, for a total of 4 rings per bell pepper.
2. Melt half of the butter in a frying pan, preferably cast iron, over medium-high heat.
3. Place 4 of the bell pepper rings in the cast iron pan and turn once, after a minute.
4. Crack an egg inside each bell pepper ring.
5. Season the egg with sea salt, garlic and pepper.
6. Cover the pan with a lid and cook until the white is set and the yolk reaches your desired doneness. It should take about 3-5 minutes.
7. Remove the shamrock fried egg from the pan and serve while hot. I like to top mine with Cholula Green Pepper Sauce!
8. Repeat with the remaining tablespoon of butter, 4 bell pepper rings and eggs.
9. Now the whole family can enjoy a fun St. Patrick's Day low carb breakfast together that's fun and healthy.



## ***Free Estate Planning Seminars***



We regularly conduct a free estate planning seminar designed to teach about the benefits of creating an estate plan. The seminars are held on-site at our Anaheim office inside of our "classroom" and led by our very own James F. Roberts. We offer light snacks and refreshments to the attendees and the group is often small and intimate, which allows for questions to be asked comfortably and for a very relaxed environment.

Please encourage your loved ones to attend the seminar so that they may learn more about the estate planning process and benefits. We look forward to seeing you and your family, friends, colleagues and neighbors! Please share this event!

**Please contact our office at 714-282-7488 for information about the next seminar!**



We hope that you have had the very best experience with our firm! And we hope that you would consider referring a friend that we may be able to help the same way we helped you! Getting a referral from a customer gives us a lot of pride! It shows us that we did a good job and our clients appreciate us!

The Law Offices of James F. Roberts & Associates

3061 E. La Palma Ave.  
Anaheim, CA 92806

Phone: 714-282-7488  
E-mail:  
[amanda@webuildyourtrust.com](mailto:amanda@webuildyourtrust.com)

