



## Three Businesses – One Building – One Goal

When was the last time your financial advisor, tax accountant, and estate planning attorney had a conversation regarding the overall health of your assets and your estate? For most people, the answer to this question is “**Never.**” For over ten years now, we have



associated with highly skilled financial advisors and tax accountants who we work closely with under the same roof. The three of our firms, *James F. Roberts & Associates*, *Chatterton & Associates*, and *Grandfield Tax Services* practice in the same building to provide our mutual clients with an overwhelmingly thorough

level of service. Each year, Chatterton & Associates offers to our clients a select number of complimentary “proactive financial review” appointments. In this complimentary appointment, an experienced Certified Financial Planner will review (1) your assets to ensure they are titled properly in the name of your trust, (2) your retirement and life insurance accounts to ensure they have properly designated beneficiaries, (3) tax reduction strategies and (4) the overall health of your financial portfolio. These limited appointments are scheduled on a first-come, first-served, basis. To make your appointment today, please call our office at (714) 282-7488 and mention the “proactive financial review”.

May 2017



### In this issue

One Goal .....	1
Cauliflower Tortillas .....	2
Monthly Seminar.....	3
Mother’s Day Craft.....	3
What Happens .....	4
Mother’s Day Wish.....	4



## Cauliflower Tortilla Recipe



### Ingredients:

- ◆ Riced Cauliflower
- ◆ Parchment Paper
- ◆ Cheese cloth
- ◆ Food processor
- ◆ Eggs
- ◆ Spices of your choice
- ◆ Baking Sheet
- ◆ Spatula

Cauliflower is one of my favorite ingredients because you can make so much out of it! I use it for everything from pizza crusts to Stromboli and especially tortillas that can be used to make healthier quesadillas, sandwich wraps, breakfast burritos, the list goes on and on and they don't break apart like so many alternatives do!! And May is when they are in season so stock up!!! I cut the cauliflower in the food processor until it looks like rice (tip: you can rice it and freeze it in gallon freezer zip lock bags for up to 6 months!)

Once you have riced the cauliflower, put it into a large glass bowl and microwave it for 2 minutes. It will pull a lot of the moisture out of it. Then place it into the cheese cloth and squeeze out the excess moisture. Put in a bowl and add eggs, I use two or three depending on the amount of the cauliflower. You want it to look like a good mixture. You can add spices then.



I use different spices depending on what I plan to do with them. Sometimes I use herbs de Provence for a French inspired style wrap or I use oregano and Italian spices for garlic bread or pizza or Stromboli, you can even use cilantro or other spices depending on your preferences.

So you then have your cookie trays lined with parchment paper and you use a spoon to make the shape of your tortilla with the mixture. You make them all over the parchment paper as many as you can fit.

Then place in the oven on 350 degrees for 10 minutes, then use a spatula and flip the tortillas for another 10 minutes. You can store them in a zip lock bag with paper towels between them for several days in the fridge.

Hope you enjoy them as much as our family does!



## Mother's Day Gifts She Will Love

## Monthly Seminar



Funny how moms hold onto all the homemade and sentimental gifts we all made growing up, weather it was a thumbprint ornament in 1st grade or a work of art we made in 5th, we knew that we had one huge fan in mom! Well, now that we

have established that moms want more detailed gifts that come from the heart, what do you get her this year? Too old to make most gifts! Well here are some ideas that you will be surprised how easy they are and how well they turn out, and nice enough to leave most moms in tears!

So here are the simple items you need to be the all star gifter this mothers day:

- \* Modge Podge
- \* A plank of wood (maybe three small ones nailed together or a flat big piece of wood (this is your choice!)
- \* A picture (or pictures!) printed that you want to have as a wall hanging for mom!
- \* Matt Gel (medium works well for this!)



- \* Any other décor you want to attach

Here is what you do:

Paint the board with the Matt gel then place the picture(s) onto the wet wood surface, picture side down.

Let it dry overnight, then take a wet cloth and scrub the paper off

Paint the cleaned off wood surface with the photo imprinted onto

it with the Modge Podge and let it dry completely.

Add any decoration you wish (tip: JoAnn's and Michael's has great options for adding that special touch!) Wrap it and present her with an amazing way to hang up a lovely memory of her family or children!



Each month, we usually conduct a free seminar designed to teach about the benefits of creating an estate plan. The seminars are held on-site at our Anaheim office inside of our "classroom".

We offer light snacks

and refreshments to the attendees and the group is often small and intimate, which allows for

questions to be asked comfortably and for a very relaxed environment. Please encourage your loved ones to attend the seminar so that they may learn more about the estate planning process and benefits. The next seminar will be on the evening of May 25th, 2017. We look forward to seeing your family, friends, colleagues and neighbors!

*This craft is from*

<http://lindsathyloves.blogspot.com/2012/08/diy-picture-on-wood.html?showComment=1346032115419>

## What Happens to Your Trust After You Die?



As an estate planning firm, many of our clients know that we are here to assist them in creating and amending their trusts, but they often are unaware of where their successor Trustees must go in order to receive guidance on administering the trust after their death. While a trust avoids the time, cost and headache associated with probate, it still needs careful attention and must be administered properly after death. Our law firm specializes in administering trusts after the death of the Trustor and will be available as a resource to your loved ones to assist them through this process.

In addition to offering trust administration services, each year we offer a series of complimentary workshops called "Family Days" designed to provide an overview of the trust administration process to your loved ones. Family Days is a great workshop for your children, successor trustees, neighbors and friends to attend to learn more about what are the legal and practical steps involved in winding down an estate after the death of the trustor. We typically hold between five to six sessions, and each session fills up quickly. Invitations are mailed out in September, and the event is generally held in October. Look out for this special invitation in the mail and be sure to RSVP in a timely fashion to secure a space in our upcoming Family Days workshop. We look forward to seeing you there and, as always, thank you for trusting us to be your estate planning resource.



The Law Offices of James F. Roberts & Associates

3061 E. La Palma Ave.  
Anaheim, CA 92806

Phone: 714-459-5481  
Toll Free: 866-590-0886

E-mail:  
[amanda@webuildyourtrust.com](mailto:amanda@webuildyourtrust.com)



LAW OFFICE OF JAMES F. ROBERTS  
& ASSOCIATES, APC  
ESTATE PLANNING YOU CAN TRUST